

# Long Wittenham 5K Fun Run & Walk

**Entry Form (Please complete one for each participant)**

Sunday May 15<sup>th</sup> 2016 - 11am Start at The Plough



REGISTRATION: By Post - until May 13<sup>th</sup> 2015 to:  
West End Cottage, High St, Long Wittenham, OX14 4QD  
Entries on the day accepted until 10.45am

ENTRY FEES: £3 adults, 50p youth (under 18), £6 family  
Cheques payable to: "Wittenham Warriors"

AWARDS: Medals for first 3 Male and 3 Female finishers  
A medal for the winner in each category below,  
also family & other special awards  
Certificates on request for all finishers

## PLEASE COMPLETE

Forename	Surname	Age (if under 18)	Sex M F
Email (If you'd like this year's results, and details of next year's event)			
Address			

## PLEASE SELECT CATEGORY ENTERED

Boys 7 and under (U8B)		Girls 7 and under (U8G)	
Boys 8-11 (U12B)		Girls 8-11 (U12G)	
Boys 12-17 (U18B)		Girls 12-17 (U18G)	
Men 18-49 (M)		Women 18-49 (W)	
Men 50 and Over (M50)		Women 50 and Over (W50)	

*ALL CHILDREN WILL BE REQUIRED TO WEAR A SUN HAT AND USE SUNSCREEN IF WEATHER DICTATES. ALL CHILDREN UNDER 8 MUST BE ACCOMPANIED ON THE COURSE.*

*The Organising Committee does not accept responsibility for any injury, loss or damage sustained by anyone participating in this event.*

Signed.....Date.....



[www.longwittenham.com](http://www.longwittenham.com) email enquiries to: [thebowtells@hotmail.com](mailto:thebowtells@hotmail.com)  
Or search for longwittenhamfunrun on Facebook

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